

8-WEEK GROUP CONVERSATION GUIDE



“EMPOWERED: LIFE WITH THE HOLY SPIRIT”

An 8-Week Group Conversation Guide to help us grow in understanding and experiencing the Spirit’s work in everyday life.



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INTRODUCTION



The Holy Spirit is not an optional add-on to the Christian life; He is God's personal presence with us and in us, making real everything Jesus has done for us and everything the Father has planned for us. This 8-week study, *Empowered: Life with the Holy Spirit*, is designed to help people at Church at Viera grow in both understanding and experience of the Spirit's work in their everyday lives.

Each week, your group will walk through a simple, repeatable rhythm:

Icebreaker – Talk Together

A warm, low-pressure question to help people relax, share, and connect before diving into Scripture. This is especially important for new believers or those who are newer to group life, and it helps long-time believers see how the topic connects to real life right away.

Bible Study – Study Together

A focused look at one key passage each week, with conversational questions that help the group explore who the Holy Spirit is, what He does, and how He transforms believers over time. The questions are designed to be clear enough for new believers and still probing enough for those who have followed Jesus for many years.

Discipleship Practice – Live This Out

(This will be the application section title.)

Each session will include a practical step that invites group members to respond personally to what they've learned—whether that's a habit to try, a prayer to pray, or a way to trust and follow Jesus in a specific area of life. The goal is not just information, but transformation and deeper discipleship.

Song – Worship Together

A worship song suggestion that fits the week's theme, giving the group space to respond to God with gratitude, surrender, and faith. Leaders can play the song during group or share it for personal use during the week.



Guided Prayer – Pray Together

Each week ends with 3–5 focused prayer prompts to help the group invite the Holy Spirit to work in their lives, relationships, and witness. This time is meant to be simple and open—participants can pray silently or out loud, depending on comfort level.

Across the 8 weeks, your group will move from basic questions like *Who is the Holy Spirit?* to deeper realities like *How does the Spirit lead, empower, and sustain us today?* The heart of this study is discipleship: learning to trust and follow Jesus as the Spirit teaches, comforts, convicts, and empowers us for everyday life and mission here in Viera.

As you lead or participate, remember: the goal is not to “master” the topic of the Holy Spirit, but to become more responsive to His presence and work. Expect questions, “aha” moments, and even some tension as people process old assumptions and new insights. That’s part of growth.

To help you lead well, read the passage ahead of time, pray for your group by name, and ask the Spirit to guide your conversations. Stay flexible, listen well, and keep pointing people back to Jesus and the Scriptures.

What are you most hoping your group members will experience or discover about the Holy Spirit over these 8 weeks?



WEEK 1

WHO IS THE HOLY SPIRIT?

KEY PASSAGE: JOHN 14:15–27



ICEBREAKER – TALK TOGETHER

When you hear the words “Holy Spirit,” what comes to mind - an image, a feeling, a question, or maybe a past experience?

STUDY TOGETHER

Read **John 14:15–27** out loud together.

- ☀ In this passage, what titles or descriptions does Jesus use for the Holy Spirit (look especially at verses 16–17, 26)?
- ☀ What do words like “Helper,” “Advocate,” or “Counselor” suggest about the Spirit’s role in our lives?
- ☀ Jesus says the Spirit will be “with you” and “in you” (verse 17).
 - What encouragement or challenge do you hear in that promise?
- ☀ In verse 26, Jesus says the Spirit will “teach” and “remind” the disciples of everything He has said.
 - How have you experienced the Holy Spirit teaching you or bringing Scripture or truth to mind at just the right moment?
 - If someone is new to faith, what might this look like for them day to day?
- ☀ Notice how Jesus connects love and obedience (verses 15, 21, 23) with the promise of the Spirit’s presence.
 - What do you think the relationship is between loving Jesus, obeying Him, and experiencing the Spirit?
- ☀ In verses 18 and 27, Jesus speaks about not leaving His followers as orphans and about giving them peace.
 - Where in your life right now do you most need the Spirit’s peace?



Reminder

- ☀ The Holy Spirit is a **person**, not a vague force.
- ☀ The Spirit is **God**, yet distinct from the Father and the Son.
- ☀ The Spirit is given for **relationship**—to be with us and in us.

LIVE THIS OUT

This week, focus on **relating to the Holy Spirit as a person** who is with you and in you. Try these simple practices:

- ☀ **Morning Acknowledgment:** Start each day by praying, “Holy Spirit, thank You that You are with me and in me. Help me love and obey Jesus today.”
- ☀ **Scripture Conversation:** As you read any part of the Bible this week, pause and ask, “Holy Spirit, teach me and remind me of what is true. Show me what I need to see here.”
- ☀ **Presence Check-In:** When you feel stressed or alone, take a deep breath and quietly say, “I am not an orphan. The Spirit is with me.” Let that truth shape your response.

WORSHIP TOGETHER

“Holy Spirit” – Bryan & Katie Torwalt -
youtu.be/LaRH0ltRfZg?si=Kh35pb9g8Yoelv4B

PRAY TOGETHER

- ☀ Thank God for sending the Holy Spirit as Helper, Advocate, and Counselor, and for not leaving us as orphans.
- ☀ Ask the Holy Spirit to make His presence real to each person this week.
- ☀ Pray that the Spirit would teach and remind your group of Jesus’ words, bringing Scripture to mind at the right moments.
- ☀ Ask for the Spirit’s peace to guard hearts and minds in areas of anxiety, fear, or uncertainty.
- ☀ Pray that your Church at Viera family would grow in loving and obeying Jesus, empowered by the Spirit rather than striving in their own strength.



WEEK 2

WHY DO WE NEED THE HOLY SPIRIT?

KEY PASSAGE: ROMANS 8:1-17



ICEBREAKER – TALK TOGETHER

If you had to describe your Christian life in one word (e.g., “struggling,” “growing,” “confused,” “hopeful”), what word would you choose—and why?

STUDY TOGETHER

Read **Romans 8:1-17** out loud together.

- ☀ Look at verse 1: “There is now no condemnation for those who are in Christ Jesus.”
 - What does “no condemnation” mean in everyday language?
 - How might the Holy Spirit help us live as people who are no longer condemned?
- ☀ Romans 8 contrasts living “according to the flesh” with living “according to the Spirit” (verses 5–8, 12–13).
 - What do you notice about the mindset of the flesh versus the mindset of the Spirit?
 - Where do you see “flesh patterns” in your own life—ways of thinking or living that feel more self-centered, fearful, or resistant to God?
 - In verses 9–11, Paul says the Spirit lives in believers and brings life.
 - How is the Spirit described as the source of life and transformation in these verses?
 - What difference does it make to know that change is not just your effort, but the Spirit’s work in you?
- ☀ Verses 14–17 speak about being “sons of God” and having received the “Spirit of adoption.”
 - What stands out to you in the language of adoption, sonship/daughterhood, and calling God “Abba, Father”?



- How might the Holy Spirit help someone move from feeling like a distant religious observer to a loved child of God?
- ☀ Putting it together: according to this passage, why do we *need* the Holy Spirit - not just as a bonus, but as essential?
 - How does the Spirit address guilt (condemnation), sin patterns, and identity issues?
 - Where do you personally feel the strongest need for the Spirit's help right now?

Reminder:

- ☀ The Spirit brings **freedom from condemnation**.
- ☀ The Spirit gives **power over sin**, not just rules.
- ☀ The Spirit confirms our **new identity as sons and daughters**.
- ☀ The Spirit is the **source of real life and transformation**, not self-improvement.

LIVE THIS OUT

This week, focus on **letting the Spirit reshape your mindset and identity**, not just your behavior.:

- ☀ **Condemnation Check:** When you feel shame or “I’ll never change” thoughts, pause and say: “There is now no condemnation for me in Christ, and the Spirit lives in me.” Then ask, “Holy Spirit, show me what is true right now.”
- ☀ **Mindset Shift:** Ask each day, “Where has my mind today been set on the flesh? Where has it been set on the Spirit?”

WORSHIP TOGETHER

Suggested song: “No Longer Slaves” – Bethel Music -
youtu.be/otmBLQJ7IUQ?si=jeSEYN9uRjh3l89o

PRAY TOGETHER

Close in prayer:

- ☀ Thank God for the gift of the Holy Spirit and for the reality that there is no condemnation for those in Christ.
- ☀ Ask the Spirit to expose “flesh patterns” in thoughts, words and actions



- ☀ Pray that the Spirit would give real power over specific sins or habits that feel entrenched, bringing hope instead of despair.
- ☀ Ask the Spirit of adoption to help each person in your group experience God as “Abba, Father”—intimate, loving, and near.
- ☀ Pray that the Church at Viera family would be known as people who live by the Spirit: free, transformed, and secure in Christ.



WEEK 3

HOW DO WE RECEIVE THE HOLY SPIRIT?

KEY PASSAGE: EPHESIANS 1:13-14



ICEBREAKER – TALK TOGETHER

When you first became a Christian (or started following Jesus), what did you understand - if anything - about the Holy Spirit?

STUDY TOGETHER

Read **Ephesians 1:13-14** out loud together.

- ☀ Look at verse 13. What is the sequence Paul describes?
 - “Heard the word of truth” → “believed” → “sealed with the promised Holy Spirit.”
 - How does this help answer the question: *When* do believers receive the Holy Spirit?
- ☀ Paul says believers are “sealed with the promised Holy Spirit.”
 - In everyday terms, what do you think a “seal” does (e.g., in legal documents, letters, or ownership marks)?
 - How might the Holy Spirit function as God’s “seal” on your life, showing that you belong to Him?
- ☀ Verse 14 calls the Spirit a “guarantee” (or “deposit”) of our inheritance.
 - What comes to mind when you hear the word “deposit” or “guarantee” in banking, buying a house, or reserving something?
 - How does the Spirit being a “guarantee” give you confidence about your future with God?
- ☀ This passage emphasizes **grace through faith**, not spiritual performance.
 - According to these verses, what is our part in receiving the Holy Spirit?
 - What misunderstandings can we have about receiving the Holy Spirit?
- ☀ Put it together:
 - How would you summarize *how* we receive the Holy Spirit based on Ephesians 1:13-14?



Reminder:

- ☀ The Holy Spirit is received **when we hear and believe the Good News of Jesus**, by grace through faith.
- ☀ The Spirit is given as God's **seal**, marking us as His own.
- ☀ The Spirit is given as **assurance and guarantee**, a down payment on the future God has promised.

LIVE THIS OUT

This week, focus on **resting in the assurance that you belong to God** and letting that shape how you live.

- ☀ **Ownership Reminder:** When you feel insecure, tempted, or distant from God, pause and say: "Holy Spirit, You are God's seal on my life. I belong to Him." Let that truth shape your choices in that moment.
- ☀ **Write It Down:** Write down when you came to believe in Jesus, and then add this sentence: "Because of that, I have received the Holy Spirit." Let this be your personal reminder of assurance.

WORSHIP TOGETHER

"In Christ Alone" – Keith & Kristyn Getty
youtu.be/m_0630I38R0?si=paLN6uDtHq_6pdTo

PRAY TOGETHER

- ☀ Thank God that when we heard and believed. Thank Him that he gave His Holy Spirit as a gift, not as a reward we earn.
- ☀ Thank the Spirit for being God's seal on your life, marking you as belonging fully to Him.
- ☀ Ask the Spirit to deepen assurance in those who struggle with doubt or fear about their salvation.
- ☀ Ask that the Church at Viera family would be a community where new and long-time believers rest securely in their identity in Christ, empowered by the Spirit.



WEEK 4

WALKING IN THE SPIRIT (DAILY RELATIONSHIP)

KEY PASSAGE: GALATIANS 5:13–26



ICEBREAKER – TALK TOGETHER

When you think about your “daily walk” with God, what word or picture comes to mind?

STUDY TOGETHER

Read **Galatians 5:13–26** out loud together.

- ☀ Look at verses 16–18 again.
 - What does Paul mean by the command to “walk by the Spirit”?
 - How is “walking” different from occasionally “checking in” with God?
- ☀ Verses 19–21 list “works of the flesh,” and verses 22–23 list the “fruit of the Spirit.”
 - What differences do you notice between the two lists?
 - Which “works of the flesh” feel most common or tempting in our culture here in Viera? Which “fruit of the Spirit” do you most long to see in your life?
- ☀ Notice that Paul calls them “works of the flesh” versus “fruit of the Spirit.”
 - What does “fruit” suggest about the source and process of change (growth, time, dependence)?
 - How does this challenge the idea that spiritual growth is mainly about trying harder?
- ☀ Verses 24–25 say that those who belong to Christ have “crucified the flesh” and are called to “keep in step with the Spirit.”
 - What might “keep in step with the Spirit” look like in an average day—at work, at home, in traffic, in conflict?
 - How is this different from living by your impulses, moods, or desires?
- ☀ Putting it together:
 - How would you describe “walking in the Spirit” in simple, practical terms?



- Where do you see evidence of the Spirit's fruit in your life right now, and where do you feel tension between flesh and Spirit?

Reminder:

- ☀ Daily life involves a real **flesh vs. Spirit** tension.
- ☀ We are commanded to **walk by the Spirit**, not just believe in Him.
- ☀ The **fruit of the Spirit** is evidence of transformation that He produces over time.

LIVE THIS OUT

This week, focus on **taking Spirit-aware steps in ordinary moments**, not just during “spiritual” activities. Invite the group to try one or more of these:

- ☀ **Daily Walk Prayer:** Each morning, pray: “Holy Spirit, help me walk with You today. Guide my steps, my reactions, and my words. Grow Your fruit in me.” Picture yourself walking alongside Him throughout the day.
- ☀ **Pause at the Fork:** When you feel anger, impatience, jealousy, or another “flesh” response rising, pause and ask: “What would keeping in step with the Spirit look like right now?” Then choose one “fruit” (like patience or kindness) and intentionally act from that place.
- ☀ **Fruit Check-In:** At the end of the day, slowly read Galatians 5:22–23 and ask: “Where did I see these fruits today? Where did I resist them?” Talk honestly with God and ask the Spirit to grow specific fruit tomorrow.

WORSHIP TOGETHER

Suggested song: “Build My Life” – Housefires / Passion

youtu.be/reDWgLPB60?si=qiTxd8fDdVg83f3m

PRAY TOGETHER

- ☀ Thank God for giving the Holy Spirit to guide daily life, not just big decisions or church moments.
- ☀ Ask the Spirit to reveal specific “works of the flesh” that need to be surrendered and crucified in each person’s life.



- ☀ Pray for the Spirit's fruit or love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control become more visible in your group's homes, workplaces, and community.
- ☀ Ask the Spirit to help the Church at Viera family "keep in step" with Him in everyday decisions, conversations, and conflicts.



WEEK 5

BEING LED BY THE SPIRIT

KEY PASSAGE: ACTS 13:1-12



ICEBREAKER – TALK TOGETHER

When you hear the phrase “being led by God,” what comes to mind - excitement, confusion, skepticism, hope? Why?

Can you think of a time you had to make a decision and genuinely didn't know what God wanted you to do? How did you handle it?

STUDY TOGETHER

Read **Acts 13:1-12** out loud together.

- ☀ Look at verses 1-3.
 - What were the believers in Antioch doing when the Holy Spirit spoke (notice “worshiping” and “fasting”)?
 - What does this suggest about the posture of the community when they were listening for the Spirit's leading?
- ☀ In verse 2, the Holy Spirit says, “Set apart for Me Barnabas and Saul...”
 - What stands out to you about the clarity and specificity of this direction?
 - How did the community respond to what they heard (see verse 3)?
- ☀ In verses 4-12, Barnabas and Saul actually *go*, they obey the Spirit's leading, and engage in mission, even facing opposition.
 - How does this story show that being led by the Spirit can include both open doors and resistance?
- ☀ Putting it together:
 - According to Acts 13:1-12, what does it look like for a church or group to be led by the Spirit?
 - How might this challenge our tendency to plan first and pray later - or to act alone instead of discerning together?



Reminder:

- ☀ The Spirit **speaks and directs**.
- ☀ Discernment often happens in **community** while worshiping, fasting, and praying.
- ☀ **Obedience** to the Spirit's leading results in real **mission and impact**, not just good feelings.

LIVE THIS OUT

This week, focus on **seeking and responding to the Spirit's leading together**, not just individually.

- ☀ **Prayerful Planning:** Before a decision this week (family, work, ministry), pause and pray: "Holy Spirit, we want to be led by You. Show us what would honor Jesus." Include at least one other believer in that prayer.

WORSHIP TOGETHER

Suggested song: "Spirit Lead Me" – Influence Music & Michael Ketterer -
youtu.be/ABWnLjXer10?si=RqCY9dY7R4RqTs-i

PRAY TOGETHER

- ☀ Thank God that the same Holy Spirit who led the church in Antioch still speaks, directs, and empowers believers today.
- ☀ Ask the Spirit to teach your group how to listen together - through worship, fasting (where appropriate), and focused prayer.
- ☀ Pray for discernment in specific decisions facing individuals, families, and ministries at Church at Viera, that these would be Spirit-led rather than merely preference-driven.
- ☀ Pray that your church would increasingly seek, hear, and follow the Spirit together for the sake of Viera and beyond.



WEEK 6

THE POWER OF THE SPIRIT

KEY PASSAGE: 1 CORINTHIANS 12:1-27



ICEBREAKER – TALK TOGETHER

Can you think of a time when someone was using their spiritual gift and it impacted you? (teaching, serving, encouragement, prayer, giving, helping, showing mercy, etc.)

BIBLE STUDY – STUDY TOGETHER

Read **1 Corinthians 12:1-27** out loud together.

- ☀ Look at verses 4-7.
 - What do you notice about the variety of gifts and the unity of the source (“same Spirit,” “same Lord,” “same God”)?
 - According to verse 7, why are spiritual gifts given - to whom, and for what purpose?
- ☀ In verses 8-11, Paul lists different kinds of gifts (wisdom, knowledge, faith, healing, etc.).
 - Which of these gifts are you most familiar with? Which are more mysterious or less talked about?
 - How can verse 11 (“He distributes to each one, just as He wills”) shape the way we think about who gets what gift?
- ☀ Verses 12-20 use the “body” metaphor.
 - What point is Paul making by comparing the church to a body with many different parts?
 - How does this challenge the idea that only certain people (like pastors or “up-front” leaders) are truly important or empowered?
- ☀ In verses 21-26, Paul stresses the value of every part, especially those that seem weaker or less visible.
 - How might this encourage someone who feels their gifts are “small” or unseen?



☀ Putting it together:

- According to this passage, what is the **power of the Spirit** in the life of the church?
- How does understanding spiritual gifts change the way you see your place and responsibility in the body of Christ?

Reminder

- ☀ There is a **variety of gifts**, but **one Spirit** behind them.
- ☀ Gifts are given for the **common good**—to **build up the body**, not just the gifted individual.
- ☀ **Every believer** has a role; no one is unnecessary in Spirit-empowered ministry.

LIVE THIS OUT

This week, focus on **discovering and using your Spirit-given gifts to build up others**. Invite the group to try one or more of these:

- ☀ Here is a link for an online assessment to discover your gift tendency. Encourage everyone in your group to take the assessment and share it with the group at the next meeting.
- ☀ Online Spiritual Gift Survey: gifts.churchgrowth.org/spiritual-gifts-survey/gifts-survey/

WORSHIP TOGETHER

Suggested song: “God of Revival” – Bethel Music –
youtu.be/LOAK6C7RW8w?si=EHWUGlvhg7SJ_2be

PRAY TOGETHER

- ☀ Thank God for the Holy Spirit who gives a variety of gifts, yet keeps the church united around Jesus and His mission.
- ☀ Ask the Spirit to reveal and affirm gifts in each person, especially those who feel unsure, overlooked, or “not gifted.”
- ☀ Pray that every believer at Church at Viera would see their vital role in the body and move from spectators to participants in Spirit-empowered ministry.



WEEK 7

THE HOLY SPIRIT IN SCRIPTURE (FROM CREATION TO CHRIST)

KEY PASSAGE: LUKE 4:14–21



ICEBREAKER – TALK TOGETHER

When you think about the Holy Spirit in the Bible, do you picture Him more in the New Testament, Old Testament, or not sure? Why?

STUDY TOGETHER

Read **Luke 4:14–21** out loud together.

- ☀ Look at verses 14 and 18.
 - How is Jesus' ministry described in relation to the Spirit ("in the power of the Spirit," "The Spirit of the Lord is on Me")?
 - What does it mean that Jesus is *anointed* by the Spirit for His mission?
- ☀ In verses 18–19, Jesus quotes Isaiah and lists what He has been anointed to do: preach good news to the poor, proclaim freedom, recovery of sight, release, and the year of the Lord's favor.
 - Which part of this Spirit-anointed mission stands out most to you, and why?
 - Where do you see these themes of good news, freedom, and restoration as needs in Brevard County?
- ☀ In verse 21, Jesus says, "Today this Scripture is fulfilled in your hearing."
 - What does it mean that an Old Testament prophecy is "fulfilled" in Jesus?
 - How does this show that the Spirit's work in the Old Testament (through Isaiah and others) is now coming to fullness in Christ?
- ☀ Connect to a few other Scriptures
 - **Read Genesis 1:2** - The Spirit of God hovering over the waters at creation.
 - **Read 1 Samuel 16:13** - The Spirit coming on David when he is anointed as king.
 - **Read Ezekiel 36:26–27** - God's promise to put His Spirit within His people and give them new hearts.



- How do these snapshots, from creation, to kings, to promises, prepare the way for Jesus' Spirit-anointed mission in Luke 4?
- ☀ Putting it together:
 - How does Luke 4:14–21 help you see the Holy Spirit as part of one big story, from creation to Christ?
 - What difference does it make to know that Jesus Himself lived and ministered “in the power of the Spirit”?

Reminder

- ☀ The Holy Spirit is present **at creation and through** the Old Testament story.
- ☀ Jesus' ministry is **empowered by the Spirit** and rooted in **Old Testament prophecy**.

DISCIPLESHIP PRACTICE – LIVE THIS OUT

This week, focus on **seeing your life and mission as part of the same Spirit story that empowered Jesus**.

- ☀ **Join the Mission:** Choose one small, concrete way this week to participate in Jesus' Spirit-anointed mission - encourage someone who feels “poor in spirit,” help someone bound by guilt or fear, or share hope with someone who feels stuck. Do it consciously “in step” with the Spirit.

WORSHIP TOGETHER

“Spirit of the Living God” – Vertical Worship -
youtu.be/bRebPoA7VZM?si=GYmiUIEe2zkqdu6D

PRAY TOGETHER

- ☀ Thank God that the Holy Spirit has been active from creation to Christ, and now in us today.
- ☀ Ask the Spirit to help your group see themselves as part of this ongoing mission story, not as spectators but as participants.
- ☀ Pray that the Spirit would bring freedom to those who feel oppressed, discouraged, or bound.
- ☀ Ask that the Spirit would empower your church to live out Jesus' mission in Brevard, bringing hope and restoration in practical, Spirit-led ways.



WEEK 8

LIFE IN THE SPIRIT (THE EPISTLES & TODAY)

KEY PASSAGE: ROMANS 8:18–39



ICEBREAKER – TALK TOGETHER

When you look at the world right now, the news, community, your own life, where do you most feel the tension between suffering and hope?

Has there been a time when God felt distant, but later you could see He was actually at work? What happened?

STUDY TOGETHER

Read **Romans 8:18–39** out loud together. It is longer, so consider having two or three readers.

- ☀ Verses 18–25 talk about suffering, groaning, and hope.
 - What images or phrases stand out to you in this section (creation groaning, future glory, waiting with patience)?
 - How does the idea of being “saved in hope” help you understand life in the Spirit when circumstances are still hard?
- ☀ Look closely at verses 26–27.
 - How does Paul describe the Spirit’s help in our weakness, especially through prayer?
 - What does it mean to you that the Holy Spirit intercedes for you “with groanings too deep for words” and prays according to God’s will when you don’t know what to say?
- ☀ Verses 28–30 zoom out to God’s big picture: purpose, foreknowledge, calling, justification, and glorification.
 - How does the promise that “all things work together for good” fit with the reality of suffering?
 - How might the Spirit’s work help us trust this promise even when we don’t see the “good” yet?



- ☀ In verses 31–39, Paul piles up questions and declares that nothing can separate us from the love of God in Christ.
 - Which phrase or verse in this section most encourages you?
 - How does knowing the Spirit lives in you and intercedes for you reinforce this certainty of God's love?
- ☀ Putting it together:
 - According to Romans 8:18–39, what does “life in the Spirit” look like in the middle of real suffering, weakness, and waiting?
 - How would you explain the Spirit's role in anchoring our hope and assuring us of God's love?

Reminder:

- ☀ The Spirit **helps us in weakness** and **intercedes for us**.
- ☀ The Spirit anchors our **hope** in future glory, even as we groan now.
- ☀ The Spirit helps us live convinced that **nothing can separate us from God's love** in Christ.

LIVE THIS OUT

This week, focus on **leaning into the Spirit's help and hope in your actual weak places**. Invite the group to try one or more of these:

- ☀ **Groaning with God:** When you feel the “groan” - sadness, frustration, longing - pause and say, “Spirit, groan with me. Help me hope in what I cannot yet see.” Let that prayer turn your pain into a deeper dependence.

WORSHIP TOGETHER

Suggested song: “King of My Heart” – John Mark & Sarah McMillan -
youtu.be/a0nrgirb9Ag?si=1AI4TOD6K6gELNEQ

PRAY TOGETHER

- ☀ Thank God for giving the Holy Spirit to help in our weakness and to intercede for us when we don't know how to pray.
- ☀ Ask the Spirit to anchor each person's hope beyond present circumstances and toward the future glory God has promised.



- ☀ Pray that those in your group and at Church at Viera who feel tired, discouraged, or overwhelmed would experience the Spirit's comfort and strength.
- ☀ Ask the Spirit to deepen your group's confidence that nothing - no hardship, fear, or spiritual battle - can separate them from the love of God in Christ Jesus.[gci+1](#)
- ☀ Pray that your church family would live as people of resilient hope and love in Brevard County, bearing witness to a Spirit-filled life even in seasons of suffering.



GLOSSARY OF TERMS



Here's a simple, group-friendly glossary of key words and ideas from your 8-week study, with core Scripture references.

Advocate / Helper (Paraclete)

- ☀ Title Jesus uses for the Holy Spirit, meaning one who comes alongside to help, comfort, and defend.
- ☀ Shows the Spirit is personal and relational, not just a force.
- ☀ Key Scripture: John 14:16–17, 26

Holy Spirit – Person of God

- ☀ The third person of the Trinity, fully God, who lives with and in believers.
- ☀ He teaches, reminds, comforts, convicts, and empowers.
- ☀ Key Scriptures: John 14:16–17, 26; Romans 8:9–11; 1 Corinthians 12:4–11

Seal

- ☀ A mark of ownership and protection. In salvation, God gives the Holy Spirit as His “seal” showing that believers belong to Him.
- ☀ Key Scripture: Ephesians 1:13–14

Guarantee / Deposit

- ☀ A down payment that promises full payment later. The Spirit is God's guarantee of our future inheritance with Him.
- ☀ Key Scripture: Ephesians 1:14; 2 Corinthians 1:21–22

No Condemnation

- ☀ God's verdict of “not guilty” for those in Christ; they are no longer under punishment for sin.
- ☀ The Spirit helps believers live in this freedom.
- ☀ Key Scripture: Romans 8:1

Flesh

- ☀ Our fallen, self-centered way of living apart from God—old patterns, desires, and mindsets.



- Opposed to life in the Spirit.
- Key Scripture: Romans 8:5–8; Galatians 5:16–21

Walk by the Spirit / Keep in Step with the Spirit

- A daily lifestyle of listening to, trusting, and obeying the Spirit in thoughts, decisions, and actions.
- Not just believing in the Spirit, but actively following His lead.
- Key Scripture: Galatians 5:16, 25

Fruit of the Spirit

- The character qualities the Spirit grows in believers over time—like fruit growing on a tree.
- List: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control.
- Key Scripture: Galatians 5:22–23

Spiritual Gifts

- Abilities given by the Holy Spirit to believers to serve others and build up the church.
- Many types (teaching, serving, mercy, leadership, etc.), but one Spirit behind them.
- Key Scripture: 1 Corinthians 12:4–11, 27

Body of Christ

- Picture of the church as a human body, where every believer is a part with a needed role.
- Shows unity and diversity: different gifts, one body.
- Key Scripture: 1 Corinthians 12:12–27

Adoption / Sons and Daughters of God

- God brings believers into His family as loved children, not just servants.
- The Spirit makes this real and helps us cry, “Abba, Father.”
- Key Scripture: Romans 8:14–17

Intercession (Spirit Intercedes)

- The Spirit prays for believers, especially in weakness, according to God’s will.
- He “helps us in our weakness” when we don’t know what to pray.



- ☀ Key Scripture: Romans 8:26–27

Hope (Future Glory)

- ☀ Confident expectation of God's promised future—being with Him, made new, and sharing His glory.
- ☀ Anchored by the Spirit even in present suffering.
- ☀ Key Scripture: Romans 8:18–25

Anointing

- ☀ Being set apart and empowered by the Spirit for God's mission.
- ☀ Used of kings and of Jesus Himself.
- ☀ Key Scriptures: 1 Samuel 16:13; Luke 4:18

New Heart / New Spirit

- ☀ God's promise to change people from the inside, giving them a heart that wants to follow Him and His Spirit within them.
- ☀ Key Scripture: Ezekiel 36:26–27

Creation – Spirit Hovering

- ☀ At the very beginning, the Spirit of God is present and active, bringing life and order.
- ☀ Key Scripture: Genesis 1:2

No Separation from God's Love

- ☀ Promise that nothing—suffering, hardship, spiritual attack—can cut believers off from God's love in Christ.
- ☀ Experienced and assured by the Spirit.
- ☀ Key Scripture: Romans 8:35–39



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